



An Afternoon of Yoga & Mindfulness

Our theme this month:

Transitions

Saturday, October 12, 2019

1 to 4 p.m.,

Idyllwild Yoga Studio

54445 N. Circle Drive

For more information contact:

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Valerie Velez at (951) 392-6507; kyoshinvelez@gmail.com

Space is limited, please RSVP

